

**Healthwatch South Tyneside (HWST)  
Public Board Meeting  
22<sup>nd</sup> June 2018, 10.00 am - 12 noon  
Hebburn Central**

**Present:**

**Healthwatch**

Peter Bower, Director  
Linda Gibson, Team  
Tara Johnson, Team  
Arthur McKean, Volunteer  
Sheila Scott, Team (minute-taker)  
Tracy Rawle, Team  
Sue Taylor, Chair  
Shobha Srivastava, Director  
Marilyn Stidolph, Volunteer  
Margaret Bower, Volunteer

**Public**

Steve Burton, Blissability  
Lynne Yousef, Escape Intervention

Agenda Item		Action
1	<p><b>Welcome and Apologies / Declarations of Interest / Items for AOB</b></p> <p>ST opened the meeting, everyone introduced themselves. Apologies received from MB, GD and JP.</p>	
2	<p><b>Guest Speaker - Lynne Yousef, Service Manager from Escape Intervention</b></p> <p>Lynne introduced herself then gave a presentation to the meeting. She gave an overview of the services that Escape Intervention provided to young people in South Tyneside. Some points highlighted were:</p> <ul style="list-style-type: none"> <li>• Isolation</li> <li>• Obesity</li> <li>• Bullying</li> </ul>	

	<p>ST mentioned that HW had mental health on workplan last year, she said she would like to work with Lynne to press home issues.</p> <p>HW to keep mental health on the Agenda for future meetings with TJ to take the lead.</p> <p>SS said Bollywood dance classes are being held in schools to help tackle obesity in young people.</p> <p>The majority of bullying is now done via social media.</p> <p>There is only one transition mentor in the Borough.</p> <p>PB said there should be more mental health training provided in teacher training.</p> <p><b>3 Comfort Break</b></p> <p><b>4 Minutes of the last meeting / Matters Arising for items not on the agenda</b></p> <p>Minutes of meeting held 23<sup>rd</sup> March 2018 agreed.</p> <p>Matters Arising:</p> <p>Item 3 - there has been no feedback from Trust, need to progress this</p> <p>Item 4 - early engagement with patients and staff has not happened</p> <p>Item 5 - SS said the ban on visa's for GPs had been lifted, MS stated that demands on GPs are huge, it is easier to become a locum.</p> <p>ST had attended the Transition Group, need to get HW on the Agenda, TJ to follow up as the next meeting is 12<sup>th</sup> July at Action Station.</p> <p>MO asked what the Transition Group was, ST said the Council have a legal obligation to help with the transition process.</p> <p><b>5 Chair's Update including Health and Wellbeing Board</b></p> <p>ST said it is a very interesting time with lots going on with the Council and Health working together.</p> <p>A Better U Strategy aims to “enable people to look after themselves using their own strengths and resources, and achieve</p>	<p>TJ</p>
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	<p>maximum independence whilst living longer, healthier and more fulfilling lives”.</p> <p>A Better U aims to introduce a model of support where the key question shifts from “what is the matter with you?” to “what matters to you?” and “what is wrong” to “what is strong”.</p> <p>More and more people in South Tyneside are demanding 8/9 hours of help and becoming more reliant on it. People are living longer, people often have multiple conditions.</p> <p>The Council are looking to redesign the way they work, make improvements to how services are designed, commissioned, provided and regulated, how professionals and people interact and work together - freeing them to work in a different way, how people are supported between contact with professionals.</p> <p>Engage people in designing the future - TJ asked if they are pulling in service users to plan this? ST said HW should be asking this.</p> <p>The Council and CCG next steps: A significant partnership but ring fenced resource, propose £600k pa starting recurrent pooled budget, establish A Better U Strategy Group - bring together all threads across the system, create the budget, design the approach in detail, appoint the Programme Lead.</p> <p>ST asked where are they going to find £600k?</p> <p>Definite change in the way the Council, CCG and Health are acting, sounds very positive.</p> <p><b>6 South Tyneside and Sunderland Healthcare Group / Path to Excellence Update</b></p> <p>LG had asked Caroline Latta for an update.</p> <p>SS said there was no reply from the Secretary of State regarding P2E Phase 1 Consultation.</p> <p><b>7 Enter and View / Check the Pulse</b></p> <p><b>Enter and View</b> - LG, Its my Home, revisits have taken place and 5 have improved since the first visit. Reports are sitting with Board members of HW and will go live next week.</p> <p><b>Check the Pulse</b> - PB and ST had met with David Hambleton and Ken Bremner on 4<sup>th</sup> June regarding Check the Pulse. DH and KB</p>	
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	<p>were then going to have a meeting the next day with Vocare, the provider, as yet HW has not had any feedback from that meeting. The report has been sent to CQC - not sure if any feedback has been received.</p> <p>Staff at the hospital were not sure of the Urgent Care Patient Pathway, HW requested a copy of the pathway, still waiting to receive it.</p> <p>Emergency Care treatment model - in process of designing a new model by Spring next year, HW will monitor this.</p> <p>PB asked if JP or ST could send a letter to DH and KB asking for feedback from the Check the Pulse report.</p> <p>SS said GP practices were working together, they will see patients from other practices making it easier for patients to get an appointment.</p> <p><b>8 Volunteers Update</b></p> <p>TR advised that Arthur, a volunteer with HW is attending NHS 70 event being held at York Minster on 5<sup>th</sup> July. TR had nominated Arthur to attend and he was selected. Well done TR for completing the application.</p> <p>Three new volunteers have completed their induction, Dementia training and Enter &amp; View training.</p> <p>MS is keen to take part in events being held in the community.</p> <p><b>9 Young Volunteers</b></p> <p>TJ is promoting Young Volunteers on HW website, there is one potential volunteer with experience of working with the CCG and there is another potential volunteer in the pipeline.</p> <p>PB asked if these were the same two who were in the minutes from Public Meeting of 23 March. TJ said they were two different volunteers.</p> <p>TJ to email Mark Overton to see if they could do some work with young volunteers around Dementia Awareness.</p> <p>It is proving hard to get young volunteers, need to consider the age range, TJ is seeking guidance on this.</p>	<p>JP/ST</p>
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<p><b>10</b></p>	<p><b>Any Other Business</b></p> <p>PB to attend the Travel and Transport meeting later today, Caroline Latta will give an update.</p> <p>SB said Dementia Alliance have worked closely with people being discharged from Haven Court. He said Haven Court is a beautiful building and they are in the process of interviewing for a new manager.</p> <p>Weigh to Go has also been taken to Haven Court and is working with Anchor homes.</p>	
<p><b>11</b></p>	<p><b>Date and Time of Next Public Board Meeting</b></p> <p>September 2018, date to be confirmed.</p>	